

Cataract Pre-Operative Surgery Instructions

Your surgery has been scheduled on _____, _____.

1. Do not eat or drink anything after midnight the night before your surgery, including gum and breath mints. Please brush your teeth and rinse your mouth but do not swallow.
2. Please continue your regular medication taken with a small amount of water, unless otherwise instructed. Use your present eye medication unless otherwise instructed. ****Use the Zymar drops three times a day in the right / left eye for three days prior to surgery. (i.e.: start the drops on Friday morning if you are having surgery the next Monday)** If you are diabetic, please bring your oral medication or insulin with you to be administered after surgery. Do not take your morning dose.
3. Transportation: Please have someone accompany you to and from the surgery center the day of your surgery. ****If you are coming to the surgery center in our van, a van driver will call you prior to your surgery to confirm arrangements and pick-up time.**
4. Bathing: Please bathe or shower before surgery. You should wash your hair. No facial make-up or eye make-up should be worn the day of surgery.
5. Clothing: Avoid restrictive clothing. Wear a comfortable pair of pants and a **button-down** shirt or blouse. Please do not wear pullovers (like sweatshirts) as your eye may be patched making it difficult to change into your street clothes. After checking in with the receptionist you will be shown to a dressing room where you will remove only your shirt or blouse. This will be replaced with a surgical gown. ****Please do not wear any jewelry and leave all valuables at home.**
6. Appliances: On the day of surgery, you may wear your dentures and hearing aids. Personal lockers are provided for your belongings while at the surgery center.
7. A nurse from the surgery center will call you prior to your surgery date to review these items. We will let you know your arrival time at the surgery center during this phone call. We may make changes in the time you are to arrive. If we do, do not become concerned. Patients sometimes have to cancel surgery due to illness, etc. which may necessitate a change in your time.
8. You will receive detailed post-operative instructions after your surgery.
9. If you would like a videotape of your surgery, please bring a VHS tape with you and we will gladly record your surgery.
10. **If you have any questions, please call our office at 801-568-0200 between 8 am and 5 pm.**