



## HOOPES VISION

### LASIK - LASER IN SITU KERATOMILEUSIS PRE-OP INSTRUCTIONS

**Estimated Arrival Time** \_\_\_\_\_ **am/pm ON** \_\_\_\_\_

1. Gas permeable and hard contact lenses must be out at least three weeks or one month for every decade of wear prior to treatment. Extended wear and toric soft lenses must be out seven days prior to treatment. Soft contact lenses must be out for at least three days prior to treatment. *\*\*Please do not put your contact lenses back in for any reason—your surgery date could be delayed.\*\**
2. Arrange for someone to accompany you and drive you home on the day of treatment as well as on your one day post operative visit. After your one day post operative visit you may drive if you feel confident with your current level of vision.
3. Make arrangements to leave small children at home during your treatment.
4. Continue with any medications you take on a daily basis.
5. You may eat a normal meal, but please do not have any caffeinated drinks or alcohol prior to your treatment.
6. Bring something warm to put on as you go into the laser room. The laser room is kept a little chilly.
7. Do not wear any eye make-up, perfume/cologne, hairspray or scented body lotions the day of treatment. If you wear mascara-soak your eyelashes the night before your treatment to remove all mascara residue.
8. Required postoperative visits are 1-Day, 1-Month, 3-Month, and 12-Month.
9. On the day of your treatment, please check in on the fourth floor at the Hoopes Vision.

Bring the following items with you:

- Surgery packet with your consent form
- Payment (Cash, Check, Visa, Mastercard, Discover, American Express, Care Credit)
- Prescription eye drops
- Preservative free eye drops in *individual vials* (Bion Tears, etc.)
- Light jacket to wear into the laser room (optional)

We will call you a day or two prior to your treatment to give you some final instructions and the time you are to arrive.

If you have any questions or concerns please call us @801-568-0200