

MINNEAPOLIS PLASTIC SURGERY, LTD.

763-545-0443

After hours: If answering service does not pick up call 763-520-4404

BOTOX POST-TREATMENT INSTRUCTIONS

- Activate treated areas by frowning, squinting and raising your eyebrows frequently over the next 2-3 hours.
- Do not rub the treated areas.
- Keep your head elevated for 2-3 hours after your treatment.
- You may apply ice to the treated areas to decrease swelling.
- You may experience a mild headache after the treatment (13% of patients) which usually resolves quickly. You may use Tylenol if you are not allergic to it. Aspirin, Motrin or similar products are not recommended.
- You may cover the treated areas with makeup, if needed.
- You may shower or bathe after your treatment.
- Most results are noticeable within 3-5 days, however, it may take up to 2-3 weeks. Not all patients respond to Botox.
- Please call your physician immediately if you have any questions or concerns at 763-545-0443.