

# Time Out Chicago

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credited toward the cost of the procedure) and find out. 3612 W Lake Ave, Wilmette (773-706-9531). By appointment only.

**Continuum Studio** You give, give, give and what do you get back? Not much. That's not the case at Continuum Studio now through the end of August, though. Book any regular massage or skin-care treatment, and the studio will add a 30-minute treatment to your service on the house. The options include a Sexy Back facial, 30-minute massage or express facial. 5671 N Clark St (773-728-7883, continuumstudio.com). El: Red to Bryn Mawr. Bus: 22, 55. Mon-Fri 11am-8pm; Sat, Sun 10am-6pm.

**Community Acupuncture** Don't stress yourself out in order to get an acupuncture treatment. Mondays and Thursdays, Allyu offers treatments at a discount in its community room. All treatments occur seated and fully clothed. And afterward, the spa encourages you to stick around and relax for 30 minutes or so. Allyu, 600 W Chicago Ave (312-755-1313, allyuspa.com). El: Brown, Purple (rush hrs) to Chicago. Bus: 8, 66. Fri 14, 11:30am-1:30pm, \$30.

**Energize Sports Massage** Knotty men, listen up: Energize Sports Massage is offering a new-client summer special. Pamper yourself with a stretch/reflexology treatment and a deep-tissue combo therapy and the venue will offer \$50 in return. That means \$75 for a whole lot of relaxation. 1463 W Summerdale Ave (773-275-0581, energizesportsmassage.com). El: Red to Berwyn. Bus: 9, 22, 36. Mon-Fri 9am-9pm; Sat 10am-8pm; Sun 11am-7pm.

**Fantasy Nails** In the words of a 1990s Mariah Carey song, this offer sounds like "a sweet, sweet fantasy, baby." Stop by the nail salon Monday through Wednesday and enjoy a mani and pedi for \$30. Or get a no-chip mani for \$30. 1743 W North Ave (773-384-0717). El: Blue to Damen. Bus: 9, 72. Mon-Fri 10am-8pm; Sat 10am-7pm; Sun 11am-5pm.

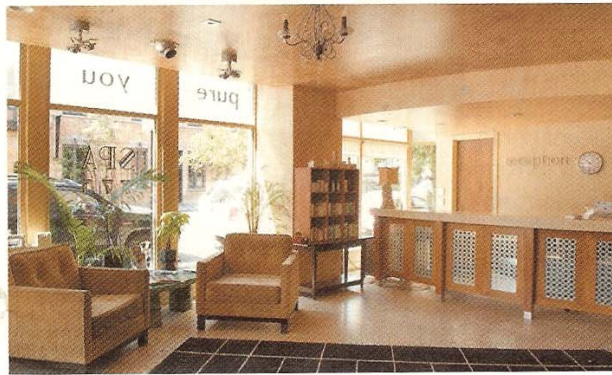
**La-Tea-Spa** Checking out the famed afternoon tea (\$32) at the Four Seasons Hotel has been on your to-do list ever since you moved to Chicago, right? Well, now's your chance to cross this item off your list. Book a spa treatment (starting at \$135) at the hotel's spa Monday through Thursday, and when you bring a friend, you'll get half off the second treatment (starting at \$67.50) and tea (\$16). Split the difference between the two of you, and you've got yourselves a good deal here. The promotion lasts through Labor Day. Spa at the Four Seasons Hotel, 120 E Delaware Pl (312-280-8800, fourseasons.com/chicago). Mon-Thu 8am-8pm.

**Massage Envy** Nothing beats a good rubdown, but paying a small fortune for one just tenses you up again. That won't be the case in August at this Streeterville massage parlor. Mention this TOC listing and you'll get a 90-minute massage for just \$74. The special rate is valid Monday-Friday. 345 E Ohio St (312-222-0808, massageenvy.com). El: Red to Grand. Bus: 2, 3, 65, 145, 146, 147, 151. Mon-Fri 8am-10pm.

**Mitchell Dental Spa** One visit to Mitchell Dental Spa will help you forget those Little Shop of Horrors-type memories of going to the dentist as a kid. Stop by this luxury downtown dental spa for a cleaning through the month of August and go for a facial while you're there. Why? Because the Desert Rose facial (which features rose and Vitamin C) is 50% off (the treatment is normally \$95 for 60 minutes; \$55 for 30). 845 N Michigan Ave, suite 922-E (312-642-1014, mitchelldentalspa.com). El: Red to Chicago. Bus: 66, 145, 146, 147, 151. Mon-Fri 8am-5pm.

**Renew Spa** You thought acne ended with adolescence, but guess what? Zit still happens. But have no fear. A discount on an acne-solving treatment is here, thanks to this Mag Mile spa. For the month of August, enjoy 25% off a Purcane Oxygen Treatment, which should leave your skin noticeably clearer. 980 N Michigan Ave

## Just opened Spa La La



**KNOTTY BY NATURE** When you take the plunge and opt to pamper yourself with a spa treatment, it often comes down to those small but essential details that rank one spa above another. Enter this Logan Square newcomer, which offers sweet somethings such as freebie hot-stone add-ons with massages and paraffin foot treatments with signature facials. Services run the gamut, from spray tans (\$35) to no-chip manis (\$50) to a 60-minute Hawaiian hot-sand massage (\$150). 2300 W Armitage Ave (773-772-5252, spalalachicago.com). —JH

(312-526-3891, renewspachicago.com). El: Red to Clark/Division. Bus: 70, 145, 146, 147, 148, 151. Mon-Fri 10am-8pm; Sat 10am-6pm.

**Spa Soak** Live up to this Bucktown spa's name by soaking up its two month-long deal. It's as simple as this: For August and September, take \$25 off the 75-minute Look Better Naked Body Facial treatment (was \$125, now \$100). Plus you'll receive a complimentary product to take home. 1733 N Milwaukee Ave (773-395-9000, spasoakchicago.com). El: Blue to Damen. Bus: 50, 56. Sun, Mon, 10am-4pm; Tue-Thu 9am-7pm; Fri, Sat 9am-6pm.

**FREE Studio Within Salon** According to our crystal ball, we see...an evening of tarot-card readings and refreshments at this salon and spa. And if your fate leads you to book an appointment that night, you'll receive 25% off your service. 3000 N Sheffield Ave (773-348-9323, studiowithin.net). El: Brown, Purple (rush hrs) to Diversey. Bus: 9, 76, 77. Wed 19, 7:30-9:30pm.

## Shopping

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### Events

**apartment number 9** Slowly but surely, Chicago is enjoying its share of pop-up shops, and the trend hits a climax now through Sun 16 at apartment number 9 as Rogan's men's and women's wear for fall takes over half the store. 1804 N Damen Ave (773-395-2999). El: Blue to Damen. Bus: 50. Thu 13, Fri 14, 11am-7pm; Sat 15, 11am-6pm; Sun 16, noon-5pm.

**Consign & Dine event** Yes, your wedding dress is fabulous and unique, but where does it go after its big day? Directly to the back of your closet. That doesn't have to be its fate, though. Consign your dress at White CHICAGO during the month of August, and you'll get a \$75 gift certificate to Scoozii (410 W Huron St), the Italian restaurant in River North. The timing is perfect. Now that the

wedding is over, you can go back to eating carbalicious pasta. white CHICAGO, 222 W Huron St (312-397-1571). El: Brown, Purple (rush hrs) to Chicago. Bus: 11, 65, 66. Tue-Fri 11am-7pm.

**FREE Discover Exuviance by Neostrola** Swing by State Street on your lunch break and take tips from an Exuviance expert on how to keep your skin looking fresh. Enjoy a complimentary resurfacing facial peel and a free gift with a purchase of any Exuviance or Cover Blend product of \$25 or more. Ulta, 114 S State St (312-279-5081, ulta.com). El: Red to Monroe. Bus: 2, 10, 29, 62, 144, 145. Fri 14, 11am-4pm.

**Love your Genes** Take charge of your denim-hunting experience by attending this evening's event. Bring in a pair of gently used or new jeans as a donation for Deborah's Place, an organization dedicated to providing houses and services to single women, as your ticket. Then enjoy a denim-centric fashion show, tips from a stylist on finding the right fit for you and complimentary eats and drinks. R.S.V.P. by calling 312-327-2300 or sending an e-mail to ella.strama@macrich.com. The Shops at North Bridge, 520 N Michigan Ave (312-327-2300). El: Red to Grand. Bus: X2, 3, 10, 143, 144, 145, 146, 147, 151. Thu 13, 5:30-7:30pm.

**FREE The Real Housewives of Highland Park** Yep, you read that right. Highland Park's SHE Boutique beat Bravo to the punch and invited the local ladies of Highland Park to submit themselves as the hottest housewives, and after a month of collecting votes, the shop is ready to announce the top five winners. See who won a \$200 SHE gift certificate and professional hair and makeup makeovers at this evening's event. And what do you get? A cocktail and some free entertainment. SHE, 483 Central Ave, Highland Park (847-926-0150, shopsheboutique.com). Sat 15, 6-10pm.

### Sales

**Beta Boutique's Stacked Rack sale** Celebrate the stacked racks here with this eighth semiannual two-day sale offering overstock and sample merch. Ladies' designers include Lara Miller, Loeffler Randall, Alice & Olivia and Geren Ford; men can look forward to pieces by Hayden Yoo, James Perse and Salvage. Items

start at \$5 and top out at \$150. 651 W Diversey Pkwy (773-276-0905). El: Brown, Purple (rush hrs) to Diversey. Bus: 22, 36, 76. Sat 15, 10am-6pm; Sun 16, noon-5pm.

**Eye Spy Optical** Why is it that when people get makeovers the first thing to go is always their glasses? The folks at this Lakeview specs shop argue that fab frames are essential in creating a new look, and they're having a summer sale to make their point. Find discounts from 10-50% off retail prices on sunglasses by lines such as ICBerlin, Oliver Goldsmith and Maui Jim through the month of August. Eye Spy Optical, 3350 N Lincoln Ave (773-477-2670, eyespyoptical.com). El: Brown to Paulina. Bus: 9, 11, 77, 152. Mon-Fri 11am-7pm; Sat 10am-6pm; Sun noon-5pm.

**Great Find** Remember last November when temps were in the 70s on Election Day? Summer might be officially winding down, but you may need warm-weather items for a few more months. Stop by this resale/consignment store to celebrate its one-year anniversary and enjoy 50% off current summer clothing. Merch includes selections from Oilly, J.Crew, Odille and Theory. 2919 N Clark St (773-698-6899). El: Brown, Purple (rush hrs) to Wellington. Bus: 8, 22, 36. Sat 15, noon-6pm; Sun 16, noon-6pm.

**Hastens** This Swedish bed manufacturer makes it easier to dream a little dream now that it's offering discounts on select models through Sat 15. You don't have to decide this minute; just sleep on it. 430 N Wells St (312-527-5337, hastens.com). El: Red to Grand. Bus: 22, 36, 65. Mon-Fri 10am-6pm; Sat 10am-5pm; Sun noon-5pm.

**K.Amato sample sale** When you're pinching pennies, accessorizing your staple outfits is a smart way to go. Snag a few of K.Amato's vintage-inspired necklaces and

earrings adorned with crystals, hammered geometric shapes and filigree marked 30% off the regular price (normally \$20-\$100). Clearance accessories will be priced at \$5-\$30. K.Amato Showroom, 1229 W Diversey Pkwy (312-882-1366, k-amato.com). El: Brown, Purple (rush hrs) to Diversey. Bus: 9, 11, 76. Wed 19, 4-9pm.

**Levis Floor & Home** Don't just say you support American-made products. Do something about it. Stop by this home store now through Sept 14 and pick up any product made in the U.S., from files to area rugs, at a discounted rate. 1455 W Fullerton (773-935-9599). El: Red, Brown, Purple (rush hrs) to Fullerton. Bus: 74. Sat 15, 10am-6pm; Sun 16, noon-5pm; Mon 17, 10am-8pm; Tue, Wed, 10am-6pm.

**Ootra** Celebrate the opening of this new customizable handbag store by taking advantage of two discounts offered now through October. Enjoy either a two-for-one deal—a messenger bag plus a clutch for \$296—or 50% off a special backpack. Think hand-cut, domestically sewn bags adorned with embellished straps, vintage pins and plumage. 900 N Michigan Ave, fifth floor (312-852-7500). El: Red to Chicago. Bus: 66, 145, 146, 147, 151. Mon-Sat 10am-7pm; Sun noon-6pm.

### Travel

**King of Pop hometown tour** Still grieving over the death of Michael Jackson? Maybe it's time to make the trek to Gary, Indiana, and pay your respects at MJ's birthplace. Meet at the parking lot behind Borders on East 53rd Street and then hop on an air-conditioned bus, which will make the 45-minute drive to Gary. Tour stops include the small house (and now makeshift shrine) at 2300 Jackson Street, the steel mill where Joe Jackson worked and other points of Jacko interest. The excursion lasts around three and a half hours, depending on traffic. Borders Books & Music, 1539 E 53rd St (866-717-8687). Bus: 2, 4, 15, 55. Thu 13-Sun 16 at noon. \$55; ages 6-12 \$45.

**FOLLOW US!** Get last-minute sales and other late-breaking news by logging on at [twitter.com/TOCtheGet](http://twitter.com/TOCtheGet).

